

PERSONAL TRAINING

Contract

Cancellation Policy

The Client must provide 48 hours notice to cancel or reschedule a training session. Sessions canceled or rescheduled with less than 24 hours' notice will be charged in full to the Client. If a scheduled training session needs to be canceled, the Trainer will try to give the Client 48 hours' notice. However, there may be situations in which this is not possible, in which case it would not be considered a breach of the contract.

Indemnity

The Client consents to indemnify and hold the Trainer harmless in the event that the Client sustains any injuries, ailments, or similar conditions during the Training Sessions.

No Guarantees

The Trainer makes no guarantees regarding the outcome of the training services. The Client acknowledges that individual results vary based on factors such as effort, adherence to the program, and individual health conditions.

Health and Safety

The Client represents that they are physically fit and have no medical condition that would prevent their participation in physical training activities. The Client agrees to inform the Trainer of any physical conditions or changes in health that may affect their ability to participate in training.

Liability Waiver

The Client agrees to waive, release, and discharge the Trainer from any and all claims or causes of action arising from any injury, loss, or damage that the Client may suffer as a result of participating in the training sessions.

Dispute Resolution and Legal Fees

The Parties agree to participate in mediation if a disagreement arising out of this Contract cannot be settled by mutual agreement. If mediation fails to settle the issue and litigation is necessary, the winning party will be compensated for all legal expenses, including but not limited to legal counsel.

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Governing Law

This Agreement shall be governed by the laws of the State/Country of Nevada/USA.

Entire Agreement

This document reflects the parties' whole understanding of the subject matter and represents their whole agreement. All previous written and oral representations are superseded by this Contract. Any modifications, additions, or changes to the Contract must be made in writing and signed by the Client and the Trainer.

IN WITNESS WHEREOF, the parties hereto have executed this Agreement as of the date first above written.

SIGNATURE: _____
Trainer

DATE: _____

SIGNATURE: _____
Client

DATE: _____